

ONE DAY AT A TIME

Recently my wife and I took a 2-week vacation to visit family. Our son assumed a new job and is now living with his wife and daughter in Cardiff, Wales. An older granddaughter is doing a semester abroad at Edinburgh University in Scotland. Our goal was to see them in their new environments, spend time with them, and do some touristy stuff in the UK as well. So, we made a schedule of things we would like to do each day. Everyday was like a new adventure. However, during our trip we learned of some tragic occurrences at home. My sponsor's wife fell and suffered a traumatic head injury. She is still recovering. Also, the spouses of two of our neighbors, who we have known for years, passed away. So while I was enjoying the trip of a lifetime, I was made acutely aware of the fragility of life and how quickly circumstances can change.

One day at a time. I have learned through A.A. how to approach life this way. While I make plans for the future, my focus today must remain on maintaining a fit spiritual condition, to improve my conscious contact with my Higher Power. I am filled with gratitude to be living a sober life, applying the principles of our program to the best of my ability and dealing with today as it happens. Being Delegate to Area 56 serving on Panel 74, and being a member of the Conference Committee on Literature, has been an amazing experience. Thank you for your faith in me to be your Trusted Servant.

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Service is where the fun starts!

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